

10 Positive Affirmations for Success That Will Change Your Life



Written by [Carles Sabarich](#)

Carles aspires to encourage people to live actively and take charge of their lives.

Positive affirmations for success are important, and when they are done consistently and properly, they can prevent you from thinking negatively and sabotaging yourself. They can help you reprogram your mind and eliminate your limiting beliefs.

Success is an inner mind game; if you can see yourself as someone who achieves anything they set their mind to, chances are you will become that person.

Positive affirmations are the communication between the conscious (thinking) part of the mind and the subconscious (action) part of the mind. We use positive affirmations for success or negative affirmations every day without even thinking about it.

Many affirmations are negative, which generally leads to [low self-esteem](#), bad decision making, and a [negative attitude](#). You can take it into your own hands and perform what is called self-hypnosis to calm and control your mind, or you can make use of one of the easiest and cheapest ways to improve your mind and well-being, which is with the use of positive affirmations for success.

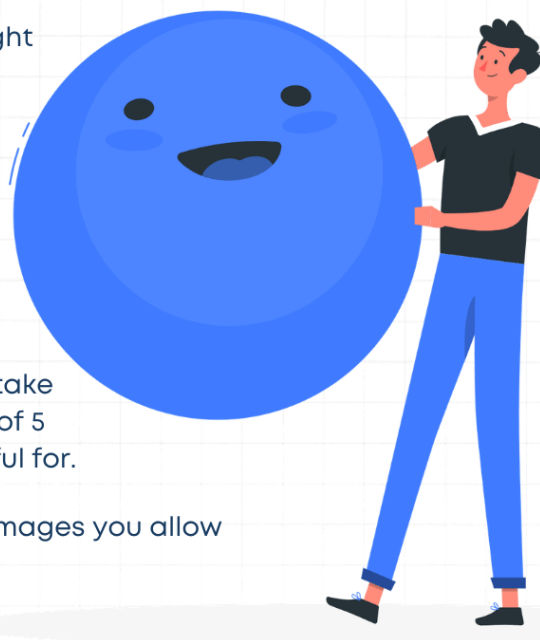
The Importance of Positive Affirmations

The only reason many people do not reach their full potential is because they fail to take action to reach their goals and dreams. They continue to hold on to the limiting beliefs that their parents or others have instilled in them.

4 Ways to Tap Into the Power of Positivity



- 1** Learn to substitute every negative thought with a positive one.
- 2** See the positive side of every situation, even when you are surrounded by pure negativity.
- 3** At least once a day, take a moment and think of 5 things you are grateful for.
- 4** Change the mental images you allow to enter your mind.



In order for you to achieve your goals and possess the courage to keep moving forward, it is vital that you practice saying positive affirmations for success every day[1].

Every time you use positive affirmations for success, it sends a positive message to your subconscious mind. A good set of positive affirmations can help invite wealth, good health, and upgraded status into your life.

10 Positive Affirmations for Success

Positive affirmations for success can give us the right attitude, even under unforeseen difficulties. Words of wisdom are out there to give us a head start, and all we have to do is use it for our advantage.

Change your life with these 10 affirmations for success:

1. My body is healthy; my mind is brilliant; my soul is tranquil.

A healthy body starts with a healthy mind and soul. If any of these suffers from negative emotions, the others will be affected.

The number one cause of poor health is you. You can also remove and revoke all permission that you have given consciously or subconsciously to all the ills of the world because you share that pain.

You are conquering your illness and defeating it steadily each day through positive affirmations.

2. I believe I can do anything.

You need to say this to yourself every day in order to take charge of your life. By saying this, you are helping your mind believe you are able to do anything and everything that you put your mind to.

3. Everything that is happening now is happening for my ultimate good.

There are no victims, no accidents, and no coincidences. They simply do not exist in this reality, as you and others will only attract what you and they are part of.

Know from the bottom of your heart that everything happens for a reason and in perfect synchronicity.

4. I am the architect of my life; I built its foundation and will choose its contents.

Positive affirmations for success are something that you should tell yourself when you wake up as morning affirmations. Every new day offers a fresh start and also makes an impact on others around you. You can make anything of that day because you are the architect of your own life.

If you begin your day with a positive affirmation thought and feeling, it will act as a powerful tool to transform your day into something incredible. Decide to design your day and life from the ground up, creating something you can love in the long term.

5. I forgive those who have harmed me in my past and peacefully detach from them.

Forgiveness doesn't mean you forget what someone did to you, but you are at peace with what they did and the lessons served.

Your strength to forgive is what allows you to move forward, and your reaction to any experience is independent of what others think of you.

6. My ability to conquer challenges is limitless; my potential to succeed is infinite.

Plain and simple, you have no limits but those you place on yourself.

What kind of life do you want? What is stopping you? What barriers are you imposing on yourself?

This positive affirmation will help you address all of those boundaries.

7. Today, I abandon my old habits and take up new, positive ones.

Realize that any difficult time is only a short phase of life. This too shall pass, along with your old habits as you take in the new.

You are fully adapting being with creative energy, which surges through you and leads you to new and brilliant ideas and the mindset that allows that energy to flow.

8. I can achieve greatness.

One of the most powerful affirmations for success is to tell yourself on a daily basis that you can achieve all the greatness in life. Focus on your vision and dreams and [attach the emotion to that vision](#).

By telling this positive affirmation to yourself and believing that you can achieve greatness, you give yourself the power to create the life you desire.

9. Today, I am brimming with energy and overflowing with joy.

Joy starts from within, not from outside of yourself. It also starts as soon as you rise.

Make it a habit to repeat positive statements to yourself first thing in the morning to remind yourself that you can create positive energy at any moment, despite what may be happening around you.

Imagine yourself as a lighthouse standing solid as waves crash against it. Its light gazes upon everything happening outside of it, taking it in without budging from its position. Use your mind to do the same. Hold joy within your own lighthouse, and don't let the waves destroy your peace.

10. I love and accept myself for who I am.

Self love is meant to be the purest and highest form of love. When you love yourself, you automatically start appreciating and respecting yourself.

If you have confidence and pride in what you do, you will begin to see yourself in a new light and be encouraged and inspired to do bigger and better things with positive affirmations for success.

Believe in Yourself to Open up Opportunities

As you say these or any other positive affirmations, your subconscious will go to work and [begin attracting](#) positive opportunities through the law of attraction while eliminating negative thoughts.

Before you know it, doors will begin to open for you so that you can begin the journey towards what it is you desire.

If you'd like to have more inspirations about positive affirmations, try any of these [10 Uplifting Positive Affirmation Apps That Help You Re-Center on the Go](#) .

You deserve to be successful. It is up to you to remain open, and when you spot an opportunity, be brave enough to take action. Without action, positive affirmations alone will not help you achieve any success.